

Personal, Social, Health and Economic Education (PSHE)

Book List Examples.

Year 2

Themes:



Physical Health and Wellbeing:

- Oh the things you can do that are good for you, Tish Rabe
- Nora, the girl who ate and ate, Andrew Weale
- Flabby cat and slobby dog, Jeanne Willis
- Six dinner Sid Inga Moore
- Burger boy, Alan Durant
- Germs are not for sharing, Elizabeth Verdick
- I will not ever never eat a tomato, Lauren Childs

Mental Health and Emotional Wellbeing:

- Friends, Kathryn Cave and Nick Mayland
- Rosie and the yellow ribbon, Paula DePaolo
- Two friends, Clara Vullamy
- I'm not invited, Diana Cain Bluthenthal
- Hello - Jack Foreman
- Friends, Kim Lewis
- Halibut Jackson, David Lucas

Identity, Society and Equality:

- Elmer, David McKee
- It's a George thing, David Bedford
- It's okay to be different, Todd Parr
- No matter what, Debi Gliora
- The rainbow fish, Marcus Pfister
- But Martin, June Counsel
- This is our house, Michael Rosen
- What would we do without Mrs Mac? Gus Clarke

- Look after your planet (a Charlie and Lola story), Lauren Child
- Alfie gives a hand, Shirley Hughes
- That's not funny, Adrian Johnson
- The frog Olympics, Brian Moses

Living and Growing:

- There's going to be a baby, John Birmingham and Helen Oxenbury
- The great big book of families, Mary Hoffman
- Your mummy ate my football, Health Unit
- The world is full of babies, Mick Branning, and Brita Granstrom
- Once there were giants, Martin Waddell
- Tell me again about the day I was born, Jamie Lee Curtis

Keeping Safe and Managing Risk:

- Dinosaurs beware - a safety guide, Marc Brown

Being Different Unit:

- ***I Am Perfectly Designed*** : Karamo Brown and Jason Brown
- Making Friends: Emily learns about tolerance, Deborah Chancellor
- **'Girls are amazing:** Carol Heart
- **I'm a girl':** Yasmeen Ismail
- **WE'RE ALL WONDERS:** R. J. Palacio
- **Ruby's Worry:** Tom Percival
- **The Bully and the Shrimp:** Catherine Allison
- **'Amazing':** Steve Antony