

Personal, Social, Health and Economic Education (PSHE)
Book List Examples.



Year 4

Themes:

Identity, Society and Equality:

- Umbrella: Elena Arevalo Melville
- The day Gogo went to vote, Elinor Batezat Sisulu
- Rosa, Nikki Giovanni
- Saving Finnegan, Sally Grindley
- The magic paintbrush, Julia Donaldson
- The journey home, Frann Preston-Gannon
- Dogs don't do ballet, Anna Kemp
- The sissy duckling, Harvey Fierstein

Physical Health and Wellbeing:

- Herb, the vegetarian dragon, Jules Bass
- The boy with square eyes, Juliet Snape

Mental Health and Emotional Wellbeing:

- How to catch a star, Oliver Jeffers
- Dr Seuss - Oh the places you'll go
- Wonder goal, Michael Foreman
- Poem - The wrong start by Marchette Chute
- Lizzy's ups and downs: NOT an ordinary school day, Jessica Harper
- Alexander and the terrible, horrible, no good, very bad day, Judith

Living and Growing:

- Frog in love, Max Velthuijs
- What's happening to me (girls), Susan Meredith
- What's happening to me (boys), Alex Frith
- Let's talk about girls, boys, babies, bodies, families and friends, Robie H. Haris
- Love you forever, Robert Munsch