

Personal, Social, Health and Economic Education (PSHE)
Book List Examples.



Year 5

Themes:

Living and Growing:

- How did I begin? Nick Manning and Brita Granstrom
- Let's talk about where babies come from, Robie H. Harris
- Kids, poem by Spike Milligan
- I love my mother, poem by Benjamin Zephaniah

Identity, Society and Equality:

- Amazing women of the Middle East: Wafa Tarnowska
- George: Alex Gino
- The Boy at the Back of the Class: Onjai Rauf
- Fly me Home: Polly Ho Yen
- Looking after Louis, Lesley Ely Belonging, Jeannie Baker
- Beegu, Alexis Deacon
- Humphrey the lost whale, Wendy Tokuda
- We are Britain (poems), Benjamin Zephaniah
- Secret friends, Elizabeth Laird
- William's doll, Charlotte Zolotow
- The boy with pink hair, Perez Hilton

Keeping Safe and Managing Risk:

- Way home, Libby Hawthorn

Mental Health and Emotional Wellbeing:

- Inside out, Disney DVD
- The huge bag of worries, Virginia Ironside
- You've got dragons, Kathryn Cave and Nick Mayland
- The worry website, Jacqueline Wilson

- My gerbil, poem by John Kitching
- Silly Billy, Anthony Browne
- Changes, Anthony Browne
- The red tree, Shaun Tan
- The heart and the bottle, Oliver Jeffreys
- Seal surfer, Michael Foreman

Careers, Financial Capability and Economic Wellbeing:

- One hen, Katie Smith Milway
- Lemonade in winter: a book about two kids counting money, Emily Jenkins
- The lemonade stand: the gang learn about starting a business, Marianne Lewis
- Too small to fail, Morris Glezman
- Rickshaw girl, Mitali Perkins