

Personal, Social, Health and Economic Education (PSHE)

Book List Examples.



Year 6

Themes:

Physical Health and Wellbeing:

- *Girls under pressure*, Jacqueline Wilson
- *The wizard and the ugly book of shame*, Pablo Bernasconi

Living and Growing:

- *How did I begin?* Nick Manning and Brita Granstrom
- *Let's talk about where babies come from*, Robie H. Harris
- *Kids*, poem by Spike Milligan
- *I love my mother*, poem by Benjamin Zephaniah

Identity, Society and Equality:

- *Hitler's canary*, Sandy Toksvig
- *We are all born free*: Amnesty International
- *101 Awesome Women who Changed Our World*: Julia Adams
- *Can you see me?* Libby Scott
- *Speechless*: Kate Darbishire
- *A Kind of Spark*: Elle McNicoll
- *Pansy Boy*: Paul Harfleet
- *The Arrival*: Shaun Tan
- *For Everyone*: Jason Reynolds
- *Wonder*: RJ Palacio
- *The Missing*: Micheal Rosen
- *The Undefeated*: Kwame Alexander
- *The unforgotten coat* Frank Cotreel Boyce
- *Dia's story cloth: Hmong People's Journey of Freedom*
- *The land*, Armin Greder
- *My name is Sangoel*, Karen Williams
- *Azzi in between*, Sarah Garland

- Mohammed's journey / Hamzat's journey / Gervelie's journey (a refugee diary), Anthony Robinson
- Four feet, two sandals, Karen Lynn Williams
- Way home, Libby Hawthorne

Mental Health and Emotional Wellbeing:

- The wise mouse, Virginia Ironside
- The illustrated mum, Jacqueline Wilson
- My mum's from planet Pluto, Gwyneth Rees
- Grandpa has changed, Pam Pollach and Mel Belviso
- Helicopter man, Elizabeth Fensham
- Finding a voice - friendship is a two-way street, Kim Hood

Keeping Safe and Managing Risk:

- Miracle on separation street, Bob Graham