



Recommended RSE Books

Mummy Laid An Egg! by Babette Cole (Best for ages 3-7)

Let's Talk About the Birds and the Bees by Molly Potter (Ages 6-10)

Girl Talk by Lizzie Cox (Ages 9-12)

What's Happening to Me?: Boy by Alex Frith (Ages 9-12)

Hair in Funny Places by Babette Cole (Ages 5-10)

Where Willy Went by Nicholas Allan (Ages 3-7)

It's NOT the Stork: A Book About Girls, Boys, Babies, Bodies, Families and Friends by Robbie H. Harris (Ages 4-8)

Amazing You: Getting Smart About Your Private Parts by Gail Saltz.
(Ages 3-6)

Respect: Consent, Boundaries and Being in Charge of YOU by Rachel Brian (Ages 7-11)