

# PE & Sport at Escrick

## Spring 2023



At Escrick, our PE curriculum aims to cover a range of sports and activities, based on National Curriculum objectives and particular interests of our children. This ensures that all children have opportunities to develop skills and knowledge of new sports, as well as develop vital skills for teamwork, resilience and experience enthusiasm for PE. Lessons also include awareness of healthy lifestyle and food choices, and tools for promoting positive mental wellbeing and self-esteem, from Reception to Year 6.

The information below shows what each class is currently working on and what they will be covering during the summer term:

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Spring 2</b>	Fundamentals	Invasion Games	Tennis	Tag Rugby	Orienteering	Netball	Handball
<b>Summer 1</b>	Ball Skills	Cricket	Rounders	Tennis	Cricket	Golf	Tchoukball
<b>Summer 2</b>	Games	Athletics	Athletics	Athletics	Netball	Handball	Rounders

Throughout school, there are opportunities for children to experience competitive sport and enrichment events with other local schools and external sports organisations, to further promote healthy lifestyles and a love for PE. Here are some of the PE events we have enjoyed recently...



Year 5/6 Girls Football vs. Huntington



Phunky Foods Workshops



### Upcoming PE events:

- **Monday 27<sup>th</sup> Feb** - Year 3/4 boys football @ Lakeside Primary
- **Thursday 2<sup>nd</sup> March** - Karate Day for all children (please ensure PE kits are in school for this day)
- **Tuesday 7<sup>th</sup> March** - Year 5/6 dodgeball tournament @ Osbaldwick Primary
- **Wednesday 8<sup>th</sup> March** - Year 2 football festival @ Hopgrove Playing Fields